

SLOW HAND CHA

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MUSIC: Collectible 04787 Slow Hand Pointer Sisters
RYTHMN: Cha phase IV Speed: 45
SEQUENCE: INTRO - AB - INTER - AB- BRIDGE - A(9-17)B - END

INTRODUCTION

1 - 8 WAIT;; TIME STEP TWICE;; FENCE LINE; CRAB WALKS;; SPOT TURN;

- 1 - 2 In BFLY/WL wait 2 meas;;
- 3 - 4 no hands joined, XLIB, rec R, sd L/cl R, sd L; XRIB, rec L, sd R/ cl L, sd R;
- 5 lunge thru XLIF look RLOD, rec R to fc ptr, sd L/ cl R, sd L;
- 6 - 7 XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;
- 8 XRIF trng _ LF, rec L cont LF trn to fc ptr, sd R/cl L, sd R;

PART A

1 - 8 CUCARACHA TWICE;; NEW YORKER; AIDA; SWITCH ROCK; SPOT TURN; ALEMANA;;

- 1 - 2 sd L, rec R, L/R,L in place; sd R, rec L, R/L, R in place;
- 3 - 4 rk thru L to RLOD, rec R to fc ptr, sd L/cl R, sd L; thru R, sd L trng RF, bk R/cl L, bk R to V back to back position;
- 5 - 6 trng LF to fc ptr sd L check bring jnd hands thru, rec R, sd L/cl R, sd L; XRIF trn _ R, rec L cont RF trn to fc ptr, sd R/cl L, sd R to BFLY;
- 7 - 8 rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R; (W trng RF under ld hds XLIF, fwd R to complete trn and fc ptr, sd L/cl R, sd L;

9 - 12 HAND TO HAND TWICE;; BASIC TO HANDSHAKE;;

- 9 - 10 XLIB to OP, rec R to fc, sd L/cl R, sd L; XRIB to LOP, rec L to fc, sd R/cl L, sd R to BFLY;
- 11-12 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R;

13-16 SHADOW NEW YORKER THREE TIMES;;; SPOT TURN; NEW YORKER IN FOUR;

- 13-15 with rt hds jnd and sd by sd pos XLIF (W XRIF) to RLOD with M's L arm across W's shoulder blades, rec R to fc, sd L/cl R, sd L; XRIF (W XLIF) to LOD with W's L arm across M's shoulder blades, rec L, sd R/cl L, sd R; XLIF to RLOD, rec R, sd L/cl R, sd L;
- 16 repeat meas. 6 part A;
- 17 thru L to RLOD, rec R to fc ptr, sd L, cl R;

PART B

1 - 6 SHOULDER TO SHOULDER TWICE TO LEFT HAND STAR;; UMBRELLA TURN;;;

- 1 - 2 fwd L outside ptr to SCAR, rec R to fc ptr, sd L/cl R, sd L; fwd R to BJO, rec L, sd R/cl L, sd R trng RF to RLOD and join L hnds;
- 3 - 4 fwd L, rec R, bk L/cl R, bk L (W rk bk R, rec L, fwd R trng _ LF to fc RLOD/cl L, bk R and briefly join R hnds in front of M's chest); rk bk R, rec L, fwd R/cl L, fwd R (W rk bk L, rec R, release R hnd fwd L trng _ RF to fc LOD/cl R, bk L);
- 5 - 6 rpt meas3; rk bk R, rec L to fc ptr, sd R/cl L, sd R; (W rk bk L, rec R trng RF to fc ptr, sd L/cl R, sd);

7 - 12 NEW YORKER; SPOT TURN; FLIRT TO A FAN;; HOCKEY STICK;;

- 7 rk thru L to RLOD, rec R to fc ptr, sd L/cl R, sd L;
- 8 repeat meas. 6 part A end in handshake;
- 9 -10 fwd L, rec R, sd L/cl R, sd L (W bk R, fwd L, fwd R trng RF to Varsouvienne/cl L, bk R; bk R, rec L, sd R/cl L, sd R (W bk L, rec R start RF trn moving to L in front of M, bk L/cl R, bk L to fan pos. with R foot extended in front;
- 10-12 fwd L, rec R, in plc L/R, L; bk R, rec L, fwd R/cl L, fwd R to follow woman (W cl R, fwd L, fwd R/cl L, fwd R; fwd L, fwd R trng LF to fc ptr, bk L/cl R, bk L to BFLY;

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INTERLUDE

1 - 8 CHASE PEEK-A-BOO DOUBLE :::::;

- 1 - 4 fwd L trng RF _ to COH, rec R, fwd L/cl R, fwd L; rk sd R peek over L shoulder, rec L, sd R/cl L, sd R (W rk sd L look at ptr, rec R, sd L/cl R, sd L);
rk sd L peek over R shoulder, rec R, sd L/cl R, sd L (W rk sd R look at ptr, rec L, sd R/cl L, sd R);
fwd R trng _ LF to fc wall, rec L, fwd R/cl L, fwd R (W fwd L trng _ RF to fc wall, rec fwd R, fwd L/cl R, fwd L);
- 5 - 8 rk sd L look at ptr, rec R, sd L/cl R, sd L (W rk sd R peek over L shoulder, rec L, sd R/cl L, sd R);
rk sd R look at ptr, rec L, sd R/cl L, sd R (W rk sd L peek over R shoulder, rec R, sd L/cl R, sd L);
fwd L, rec R, bk L/cl R, bk L (W fwd R trn _ LF to fc ptr, rec L, fwd R/cl L, fwd R);
bk R, rec L, fwd R/cl L, fwd R (W fwd L, rec R, bk L/cl R, bk L);

BRIDGE

1 - 2 TIME STEP TWICE;;

- 1 - 2 repeat meas. 3 - 4 part A

ENDING

1 - 7 CROSS BODY;; FENCE LINE TWICE;; CROSS BODY;; AIDA IN THREE & HOLD;

- 1 - 2 fwd L, rec R trng LF, [ft trng _ body trng 1/8] sd L/cl R, sd L (W bk R, rec L, fwd R/cl L, fwd R to L shaped pos); bk R cont LF trn, rec L, sd R/cl L, sd R (W fwd L comm LF trn, fwd R trng _ LF, sd L/cl R, sd L) BFLY/COH;
- 3 - 4 repeat meas. 5 Intro; lunge thru XRIF look LOD, rec L, sd R/cl L, sd R;
- 5 - 6 repeat meas. 1 - 2 Ending to BFLY/WALL;;
- 7 XLIF, sd and bk R trng _ LF to fc LOD, bk L to V back to back pos and hold-;